

# Contribution of Psychology in Classroom Management

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# **ABSTRACT**

Classroom management is the art of managing the class. The aim of this research is to analyze and describe the contribution of educational psychology in classroom management. The method in this research uses a library research approach. In this study there was no research location, because all data was taken from journals, books and scientific proceedings. The data collection technique in this research uses documentation, with data analysis techniques, namely data reduction, data presentation, and drawing conclusions. The results of this research are as follows; Firstly, classroom management is a conscious effort to organize so that teaching and learning activities can run systematically. The basic concept that needs to be observed in classroom management is the placement of individuals, groups, schools and the environmental factors that influence them. The aim of classroom management is to support the teaching and learning process such as creating order and obeying the rules in the classroom during learning. Second, educational psychology is a branch of psychology in its analysis and research that places more emphasis on issues of growth and development, both physical and mental, which are closely related to educational issues, especially those that influence the learning process and success. Third, the contribution of educational psychology in classroom management is in the form of the ability to manage the class well and contribute to students.

Keywords: Classroom Management, Educational Psychology.

# **ABSTRAK**

Manajemen pengelolaan kelas adalah seni dalam mengatur kelas. Tujuan dalam penelitian ini adalah untuk menganalisis dan mendeskripsikan kontribusi psikologi pendidikan dalam manajemen pengelolaan kelas. Metode dalam penelitian ini menggunakan pendekatan studi kepustakaan (library research). Pada penelitian ini tidak terdapat lokasi penelitian, karena seluruh data diambil dari jurnal, buku, dan proseding ilmiah. Teknik pengumpulan data dalam penelitian ini menggunakan dokumentasi, dengan teknik analisis data yaitu reduksi data, penyajian data, dan penarikan kesimpulan. Hasil penelitian ini sebagai berikut; pertama, Manajemen kelas merupakan usaha yang dilakukan secara sadar untuk mengatur agar kegiatan belajar mengajar atau pembelajaran dapat berjalan secara sistematis, konsep dasar yang perlu dicermati dalam manajemen kelas adalah penempatan individu, kelompok, sekolah dan faktor lingkungan yang mempengaruhinya, tujuan manajemen kelas untuk menunjang dalam proses belajar mengajar seperti terciptanya tata tertib dan patuh terhadap peraturan-peraturan didalam kelas selama pembelajaran

berlangsung. Kedua, Psikologi pendidikan merupakan cabang dari psikologi dalam penguraian dan penelitiannya lebih menekankan pada maslah pertumbuhan dan perkembangan, baik fisik maupun mental, yang sangat erat hubungannya dalam masalah pendidikan terutama yang mempengaruhi proses dan keberhasilan belajar. Ketiga, konstribusi psikologi pendidikan dalam manajemen pengelolaan kelas berupa kemampuan mengatur kelas dengan baik dan berkontribusi kepada siswa.

Kata Kunci: Manajemen Kelas, Psikologi Pendidikan.

# **INTRODUCTION**

Management is defined as the process of using resources effectively to achieve targets. Meanwhile, a class is generally defined as a group of students who at the same time receive the same lessons from the same teacher. In the narrow sense, class indicates a room (limited by 4 walls) or a place where students study, each school building is divided into building rooms which indicate classrooms. In a broad sense, a class can also be interpreted as a learning activity provided by a teacher to students in a room for a certain level and at a certain time. The class referred to here includes both of these meanings, namely only as a room that shows a certain level, but also shows the learning activities that take place. This means that classroom management is all efforts directed at creating an effective and enjoyable teaching and learning atmosphere and can motivate students to study well according to their abilities. Or it can be said that classroom management is a conscious effort to organize teaching and learning process activities systematically (Asep, 2016). The term management is taken from English, namely management, meaning leader, administrator. In Latin, management consists of two syllables, namely manus (hand), agare (government, doing, carrying out). (Nur, 2020).

The teacher as a class manager is a person who plays a very important role in planning activities in the class, the teacher will also implement the planned activities as subjects and objects for students, thus determining decisions with strategies that will be used for various activities in the class, and the teacher will also determine solutions when in class there are various obstacles and challenges that arise (Hadi, 2022). Education contains many activities that relate to humans, so that within the scope of educational institutions there is a need for management, teaching and learning processes and so on, for this reason, management in educational institutions is very important to carry out the educational process well. Apart from that, teachers must also understand students' psychological concepts to be able to understand the root of the problem and provide appropriate solutions.

Psychology and education is the process of using psychological knowledge in the world of education. As Ahmad Qusairi and Nur Hanifansyah stated, educational psychology is a psychological discipline that occurs in the world of education (Ahmad & Nur, 2022). The word psychology is often interpreted or translated as the science of the soul or abbreviated as the science of the soul (Imam, 2017). Education is a conscious effort to develop the potential of human

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resources through teaching activities (Muhammad et al., 2022). This means that educational psychology is a science that studies individual behavior in the scope of education. Educational psychology as the formation or modification of individual behavior (Hadziq, 2019). Educational psychology is a science that examines mental problems and a person's psychological activities in relation to education (Junier, 2022). Based on the above background, the researcher wants to look further at the contribution of educational psychology in classroom management, with the aim of being able to analyze and describe the contribution of educational psychology in classroom management, with the hope that the results of this research can contribute to the world of education, especially for teachers in conducting good classroom management.

# **METHOD**

This research uses a library research approach. Library research is a search and research method using reading and reviewing various journals, books and various other published manuscripts related to research topics in producing an article related to a research topic. In this study there was no research location, because all data was taken from journals, books and scientific proceedings. The object of this research is the contribution of educational psychology in classroom management, with data collection techniques using documentation, and data analysis techniques using data reduction, data presentation and drawing conclusions.

#### **RESULTS AND DISCUSSION**

The results of this research relating to the contribution of educational psychology in classroom management, researchers can present as follows:

# 1. Classroom Management

Classroom management is a skill that every teacher must have in carrying out professional duties such as; deciding, understanding, diagnosing and the ability to act to improve the class atmosphere regarding aspects that need to be considered in class management are: the nature of the class, the drivers of class strength, the class situation, selection and creativity actions (Markus, 2018). Management science, if studied comprehensively and applied consistently, provides clear direction, orderly steps and successes and failures can be easily evaluated correctly, accurately and completely so that it can be used as learning material for further action (Ulfah et al., 2022).

Classroom management is a conscious effort to organize so that teaching and learning activities can run systematically. This conscious effort leads to learning preparation, preparing facilities and teaching aids, arranging the learning space, realizing the situation and conditions of the learning process, and managing time, so that the learning process runs well and the curriculum objectives can be achieved (Markus, 2018).

Classroom management is the activity of managing a number of resources in the classroom so that the learning objectives you wish to achieve can be achieved effectively and efficiently. Resource management activities carried out in the classroom include human and non-human elements, both elements have an equally important position in supporting the achievement of the desired learning objectives. Non-human elements include all physical elements of the class, room and all facilities in the class, both those that will be used directly in the learning process and indirectly. Elements that directly support such as tables, chairs and learning media that will be used, while indirect ones include the condition of the classroom, ventilation and other physical elements. The human element is a number of behaviors that may arise and accesses that allow disruption of students' attitudes and behavior in the classroom. These two elements are the teacher's main concern when carrying out learning activities in the classroom. Because the success or failure of learning activities will be largely determined by the regularity of these two elements (Ulfah et al., 2022).

Classroom management is the formation of an orchestra of countless components to ensure a safe and comfortable learning environment, so that students feel safe enough to share their thoughts, in writing or orally. Class management is also routine procedures and activities. Which is developed in teaching and learning deliberately and through collaboration between teachers and students, classroom management is also very important for teaching and learning because it must always be adapted to suit the needs of students and teachers. This is the reason students know that learning is important and teachers can teach well (Hadi, 2022).

# 2. Basic Concepts of Classroom Management

The basic concept that needs to be considered in classroom management is the placement of individuals, groups, schools and environmental factors that influence them. The teacher's main task, such as controlling, managing or disciplining students, is no longer appropriate at this time. Suharsimi Arikunto explains "management is a certain process that uses ability or expertise to achieve a goal which in its implementation can follow scientific knowledge and can also highlight the manager's uniqueness or style in utilizing other people's abilities" (Markus, 2018).

Managing the classroom is a skill that teachers must have in deciding, understanding, diagnosing, and the ability to act towards improving the classroom atmosphere regarding aspects of classroom management. Managing the class is the teacher's main task in creating a classroom atmosphere where learning interactions occur as much as possible, increasing and improving learning so that students remain interested and involved in teaching and learning activities. Classroom management is a teacher's activity to foster and maintain effective class organization, which includes: teaching objectives, time management, room and equipment arrangement, and student grouping. In teaching and learning activities

carried out by a teacher is to create an effective, conducive and enjoyable classroom atmosphere (Markus, 2018).

# 3. Classroom Management Objectives

Classroom management generally aims to increase effectiveness and efficiency in achieving learning goals. Meanwhile, physical management and socio-emotional management activities are part of achieving student learning and learning goals. Classroom management is providing and using learning facilities for various teaching and learning activities in order to achieve good results. According to User Usman "The aim of classroom management is to develop students' abilities in using learning tools, provide conditions that allow students to work and learn, and help students to obtain the expected results from teaching and learning activities. Then Syaiful Bahri Djamarah and Aswan Zain explained that: "This means that the goals of class management or class management are goals that realize the situation and conditions of the class, both as a learning environment and as a learning group that allows students to develop their abilities to the maximum extent possible. So, the teacher's job is to optimize the potential they have so that with the learning that students do, they can learn as well as possible (Markus, 2018).

According to Andi, the objectives of classroom management are; (1) Help students stop their behavior so that they do not deviate from the learning objectives. (2) Controlling students and the facilities available in classroom learning and achieving learning objectives. (3) Fostering good relationships between teachers and students so that learning activities become effective. In other words, classroom management aims to support the teaching and learning process, such as creating order and obeying the rules in the classroom during learning, as well as providing a good contribution to students and overall to students (Hadi, 2022).

The objectives of classroom management are; (1) Creating good classroom situations and conditions, but rather as a learning environment or study group that allows students to develop their abilities as fully as possible. (2) Eliminate various obstacles that can hinder the realization of teaching and learning interactions. (3) Providing and arranging learning facilities and furniture that support and enable students to learn in accordance with the social, emotional and intellectual environment of students in the classroom. (4) Coaching and guiding students according to the teacher's directions so that they can achieve good achievements as expected (Hadi, 2022).

Good and effective classroom management allows the learning process to run smoothly and allows students to use their potential to the fullest. It is a big loss if in the implementation of teaching, students do not learn optimally because of learning obstacles caused by weak classroom management carried out by the teacher. Thus it can be concluded that the aim of classroom management is to provide, create and maintain optimal conditions in the classroom so that students can learn well. With the aim of classroom management to provide facilities for various student learning activities in the social, emotional and intellectual environment in the classroom (Markus, 2018).

# 4. Educational Psychology

Educational psychology is a branch of psychology in its analysis and research that places more emphasis on issues of growth and development, both physical and mental, which are closely related to educational issues, especially those that influence the learning process and success (Asrori, 2020). In another expression, educational psychology is a scientific discipline that studies and develops knowledge about human behavior in the world of education so that educators and students experience a meaningful and beneficial learning process so that learning goals are achieved effectively in life (Anwar et al., 2022). Educational psychology is something that is very important to know and even be controlled by all parties who have connections and responsibilities in the implementation of education, whether they act as planners and policy makers (government), implementers, controllers or users of educational products themselves (Opan Arifudin, Rudy Hidana, Andre Julius et al., 2020). Educational psychology tends to discuss individual behavior and habits based on mental experience for survival (Opan Arifudin, Rudy Hidana, Andre Julius et al., 2020).

According to Sekarebu, quoted by Yansen Alberth Reba, Hara Permana, and Sulistianingsih, educational psychology is defined as a science that looks at human mental or psychological problems. Educational psychology can certainly make a good contribution to the world of education in order to achieve the expected educational plans and goals. Moreover, a teaching staff is fully required to carry out their duties and responsibilities in teaching with satisfactory results. However, sometimes the problem and challenge for teaching staff is understanding each unique individual characteristic (Yansen et al., 2023). According to Syah, quoted by Nur Hidayah et al, the definition of educational psychology is a psychological discipline that investigates psychological problems that occur in the world of education. Educational Psychology is a science that is more principled in the teaching process which is involved with discoveries and applying principles and methods to increase efficiency in education (Nur et al., 2017). Meanwhile, according to Witherington, quoted by Nurhidayah et al., educational psychology is a systematic study of the processes and factors related to human education (Nur et al., 2017). Tardif in Nur Hidayah states that the definition of educational psychology is a field of study that is related to the application of knowledge about human behavior to educational efforts (Nur et al., 2017).

Syah's statement quoted by Nur Hidayah et al, educational psychology is useful in terms of; (1) application of learning principles in the classroom; (2) curriculum development and renewal; (3) examination and evaluation of talents and abilities; (4) socialization of processes and the interaction of these processes with the utilization of the cognitive domain; and (5) implementation of teacher education. Educational psychology is a psychological discipline that occurs in the

world of education (Nur et al., 2017). Educational psychology is a knowledge based on psychological research that provides a series of resources to help teachers carry out tasks in the teaching and learning process effectively. Educational psychology is a field of study that deals with the application of knowledge about human behavior to educational endeavors. Educational psychology as a systematic study of processes and factors involved in the education of human being. Educational psychology is the systematic study of processes and factors related to human education (Nur et al., 2017).

# CONCLUSION

The conclusions in this research relating to the contribution of educational psychology in classroom management can be described as follows; Firstly, classroom management is a conscious effort to organize so that teaching and learning activities can run systematically. The basic concept that needs to be observed in classroom management is the placement of individuals, groups, schools and the environmental factors that influence them. The aim of classroom management is to support the the teaching and learning process such as creating order and obeying the rules in the classroom during learning. Second, educational psychology is a branch of psychology in its analysis and research that places more emphasis on issues of growth and development, both physical and mental, which are closely related to educational issues, especially those that influence the learning process and success. Third, the contribution of educational psychology in classroom management is in the form of the ability to manage the class well and contribute to students.

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